***Jozef Piłsudski Academy of Physical Education in Warsaw***



***Branch in Biala Podlaska***

***Latvian Academy of Sport Education in Riga, Latvia***

***University of Malaga, Spain***

***Latvian Association of Outdoor Education and Recreation***

***St. Cyril and St. Methodius University of Veliko Tarnovo, Bulgaria***

***Department of Physical Education, Klaipėda University, Lithuania***

**Outdoor Sports and Recreation Education   
Summer School 2019**

***Traditional games, tendencies   
and new ideas in outdoor activities***

**September, 12-18, 2019 Biala Podlaska, Poland**

**SUMMER SCHOOL PROGRAMME**



**Thursday 12.09.2019**

6-8 pm Arrival to Agat hostel and registration

8 pm Welcome all participants Meeting of teachers and students – “Summer School Program”

9 pm Swimming

**Friday 13.09.2019**

**INTERNATIONAL CONFERENCE**

7.00 am Swimming

8.00 am Morning activities **[Polish students]** [sport area]

8.30-9.30 am Breakfast

10.00 am Opening ceremony of Summer School [aula ROBiR]

10.15-10.45 am Presentation of each country and university [**students**]

10.45 am-2.00 pm International Conference of Summer Schools[aula ROBiR]

2.30-3.30 pm Lunch

4.00-6.00 pm Preparing for the festival in countrie’s groups

6.30-8.00 pm Dinner

8.30-10.00 pm Summary/comments of the day **[Polish evening – students and teachers]**

**Saturday 14.09.2019**

**TRADITION**

**(moderators: A. Bodasińska, K. Piech)**

7.00 am Swimming

8.00 am Morning activities **[Latvian students]** [sport area]

8.30-9.30 am Breakfast

10.00 am -1.30 pm European „Festival of Traditional Sports Games and Play – multi-generational   
physical activity”

2.30-3.30 pm Lunch

4.30-6.30 pm Recreational activities in groups – The Urban’s game in Radziwiłł’s Park

7.00-8.00 pm Dinner

8.30-10.00 pm Summary/comments of the day **[Latvian evening – students and teachers]**

**Sunday 15.09.2019**

**SCIENCE**

**(moderators: K. Górniak, M. Lichota)**

7.00 am Swimming

8.00 am Morning activities **[Spanish students]** [sport area]

8.30-9.30 am Breakfast

10.00 am- 2.00 pm Lectures and practical classes [ROBiR, laboratory]

2.00-3.30pm Lunch

4.30-6.30 pm Recreational activities in groups [cycling, Nordic Walking, beach volleyball, beach handball, street basket]

7.00-8.00 pm Dinner

8.30-10.00 pm Summary/comments of the day **[Spanish evening – students and teachers]**

**Monday 16.09.2019**

**WATER**

**(moderators: G. Godlewski, P. Różański, A. Litwiniuk)**

8.00 am. Morning activities **[Lithuanian students)** [sport area]

8.30-9.30 am Breakfast

10.00 am Tour to Międzyrzec Podlaski

10.30-10.45 am Meeting with Local Goverment

10.45 am-1.00 pm Swimrun/Triatlon

1.30-3.00 pm Lunch

3.00-5.30 pm Canoes/survival

6.00-9.00 pm Summary/comments of the day, bonfire – [**Lithuanian evening – students and teachers]**

10.00 pm Departure

**Tuesday 17.09.2019**

**EDUCATION**

**(moderators: D. Różańska, K. Piech, A. Bodasińska)**

8.00 am Morning activities **[Bulgarian students]** [sport area]

8.30-9.30 am Breakfast

10.30-2.00 pm International practical classes in secondary schools “Traditional dances” **[teachers and students]**

2.30-3.30 pm Lunch

4.00-6.00 pm Recreational activities in groups [cycling, Nordic Walking, beach volleyball, beach handball, street basket]

6.30-8.00 pm Scientific meeting for teachers/Competitions of e-games or board games for students

8.30-9.00 pm Evaluation of the Summer School, presentation of next Summer School, delivery of certificates

9.00-11.00 pm Dinner party

**Wednesday 18.09.2019**

7.00 am Swimming

8.00-9.00 am Breakfast

9.00 am Departure of participants